

	Fram				ÍR				Keflavík				KR			
	G	S	B		G	S	B		G	S	B		G	S	B	
Ind Cadet Male-C										1			1	1		G = Gullverðlaun (7 stig)
Ind Cadet Female-C		1							1	1						S = Silfurverðlaun (3 stig)
Ind Cadet Male-D	1															B = Bronsverðlaun (1 stig)
Ind Cadet Female-D									1							
Ind Junior Male-C									1							
Ind Junior Male-D		1			1		1									
Ind Undir 30 Male-C	1															
Ind Undir 50 Male-C													1	1		
Pair Cadet-C	1									1	1					
Pair Junior-C									1							
Pair Undir 30-C	1															
Team Cadet Female-C									1					1		
Team Junior Male-C									1							
Team Undir 30 Female-C	1															
Samtals	5	2	0		1	0	1		6	1	3		2	3	0	
Stig	41				8				48				23			

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Male-C**
Competitors **3**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	70	Adalsteinsson, Bjartur KR	ISL	4.67	2.47	2.20
1	77	Gunnarsson, Gudmundur Leo KR	ISL	4.67	2.47	2.20
3	65	Petursson, Mikael Snaer Keflavík	ISL	4.47	2.37	2.10

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Female-C**
Competitors **8**
Class **C**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	66	Stefansdottir, Lara Karitas Keflavík	ISL	5.23	2.60	2.63
2	94	Sigurjonsdottir , Alexandra Gudrun Daniela Team FRAM	ISL	5.20	2.40	2.80
3	69	Waszkiewicz, Oliwia Keflavík	ISL	5.07	2.50	2.57
4	29	Siemsen, Hrafnhildur Katla Bjork Taekwondo	ISL	5.00	2.43	2.57
5	60	Hertervig, Anita Ran Keflavík	ISL	4.77	2.40	2.37
6	88	Hjorleifsdottir, Elisa Bjork Team FRAM	ISL	4.73	2.20	2.53
7	23	Grzegorzewska, Alicja Bjork Taekwondo	ISL	4.67	2.27	2.40
8	30	Surynt, Olivia Bjork Taekwondo	ISL	4.66	2.33	2.33

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Male-D**
Competitors **1**
Class **D**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	90	Patsiliis, Vasileios Team FRAM	ISL	3.24	2.17	1.07

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Female-D**
Competitors **1**
Class **D**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	54	Farestveit, Fjola Sif Keflavík	ISL	4.80	2.80	2.00

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Junior Male-C**
Competitors **1**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	48	Astthorsson, Kristjan Petur Keflavík	ISL	4.17	2.80	1.37

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Junior Male-D**
Competitors **3**
Class **D**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	46	Yllescas, James Andre Oyola IR	ISL	5.13	2.80	2.33
2	82	Benonysson, Stormur Sigurdur Team FRAM	ISL	4.83	2.70	2.13
3	42	Petersen, Einar Tryggvi IR	ISL	4.73	2.60	2.13

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Undir 30 Male-C**
Competitors **1**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	93	Sigurdarson, Sveinbjorn Saevar Team FRAM	ISL	3.30	2.17	1.13

Poomsae individual

Bikarmót I Poomsae 2023-2024

Category **Ind Undir 50 Male-C**
Competitors **2**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	78	Kristinsson, Sighvatur KR	ISL	5.36	3.13	2.23
2	74	Bickel, Tomas KR	ISL	4.37	2.67	1.70

Poomsae Pair

Bikarmót I Poomsae 2023-2024

Category **Pair Cadet-C**
Competitors **5**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Hjorleifsdottir, Elisa Bjork / Sigurjonsdottir, Alexandra Gudrun Daniela	ISL	4.97	2.27	2.70
2	Keflavík Hertervig, Anita Ran / Stefansdottir, Lara Karitas	ISL	4.86	2.33	2.53
3	Keflavík Petursson, Mikael Snaer / Waszkiewicz, Oliwia	ISL	4.77	2.37	2.40
4	Bjork Taekwondo Surynt, Olivia / Grzegorzewska, Alicja	ISL	4.37	2.17	2.20
5	KR Gunnarsson, Gudmundur Leo / Duwadi, Prasun Tiwari	ISL	3.93	2.03	1.90

Poomsae Pair

Bikarmót I Poomsae 2023-2024

Category **Pair Junior-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Astthorsson, Kristjan Petur / Farestveit, Fjola Sif	ISL	4.44	2.37	2.07

Poomsae Pair

Bikarmót I Poomsae 2023-2024

Category **Pair Undir 30-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Sigurdarson, Sveinbjorn Saevar / Benonysson, Stormur Sigurdur	ISL	4.64	2.37	2.27

Poomsae Team

Bikarmót I Poomsae 2023-2024

Category **Team Cadet Female-C**
Competitors **2**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Hertervig, Anita Ran / Stefansdottir, Lara Karitas / Waszkiewicz, Oliwia	ISL	5.06	2.53	2.53
2	KR Gunnarsson, Gudmundur Leo / Adalsteinsson, Bjartur / Atlason Lira, Anton Tristan	ISL	4.67	2.30	2.37

Poomsae Team

Bikarmót I Poomsae 2023-2024

Category **Team Junior Male-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Astthorsson, Kristjan Petur / Petursson, Mikael Snaer / Farestveit, Fjola Sif	ISL	4.54	2.47	2.07

Poomsae Team

Bikarmót I Poomsae 2023-2024

Category **Team Undir 30 Female-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Hjorleifsdottir, Elisa Bjork / Sigurjonsdottir , Alexandra Gudrun Daniela / Sigurdarson, Sveinbjorn Saevar	ISL	4.87	2.40	2.47